



## **Sacred Heart Southern Missions** **Mission Experience**

Welcome to Sacred Heart Southern Missions! The youth/young adults/adults will be working in the 5 northern counties of Mississippi. Sacred Heart Southern Missions strives to offer a well rounded mission experience to all who participate consisting of hard work, connecting with the people they are helping, opportunity to pray and celebrate Mass as a group, and time to take in the local culture and sights.

### **CODE OF BEHAVIOUR**

- Anything of irreplaceable value should be left at home.
- You are responsible for your personal clothing, toiletries, and other items you may deem necessary. You are also responsible for your meals, drinks and snacks. Direction to nearest grocery store will be given during orientation. You also have access to a full kitchen.
- A schedule will be arranged for each day of the mission. Allowances will be made for changes in the schedule depending on weather conditions or situations that may arise. All are required to participate in the schedule set up for their assigned group
- Respect and adherence to the decisions of the chaperone/volunteer coordinator are expected. If anyone has questions about decisions that are made, they are to be directed to the group leader if related to living arrangements (boys/young men in the annex bldg., girls in the main house) etc and volunteer coordinator if related to projects for consideration. Be prepared to accept whatever final decision is made.
- Everyone is expected to follow the dress code set in place.
- Your behavior at the worksite and other areas does not only reflect on your school/college/parish/organization but it also reflects on Sacred Heart Southern Missions. Please keep that in mind when working or socializing.
- NEVER leave your assigned group and go off alone. Stay with the group.

### **DRESS CODE**

You are required to wear shirts and shoes and appropriate clothing in all work areas.

- No crop tops that show the stomach and halter tops.
- Wear loose-fitting cotton tops/shirts. No Low-rise jeans!
- **No shorts to be worn on any jobsite for all round safety. This rule applies to both genders.**
- Dresses/skirts/shorts should be of reasonable length (knee) and used **only** after working hours.
- Work boots or tennis shoes **only** allowed on worksites.
- Loose fitting jewelry and dangling earrings are discouraged on the jobsite.
- If working with electric tools or heavy equipment you must wear/have work gloves, work shoes and safety glasses. It is your responsibility to ask for gloves and safety glasses if you forgot to bring them yourself.

### **Housekeeping**

- Make beds – keep sleeping areas neat – wherever you are.
- Do not use the washer and dryer unless you are designated by the leader to be in charge.
- Do not use the computer without a designated adult present we have wireless access.
- make sure all the orange tape covered hinges on the downstairs windows are set to prevent them being opened from the outside before bedtime or when you are leaving the premises.
- when a fire safety walkabout is given pay attention to exits from your room, if you are upstairs make sure you know where the fire ladders are located. There are 2.
- Do not throw anything away that is scratched, not working, broken etc there is a tub specially provided for that on the patio.
- When hand soap container or dishwashing liquid container is empty please do not throw it out we have refills in the cabinet under the sink.
- The day you are leaving remove the sheet set on your bed and put it in the pillowcase so the set stays together when you are doing laundry. Put a clean set of sheets on in preparation for the next group. This will be in the room either in the closet or on a shelf.
- Empty vacuum canister and clean filter every time it is used.
- Run the dishwasher and empty it before you leave.
- Check if garbage disposal is free of objects like spoons, forks. Let water run, turn on disposal until everything is clean.
- Before you leave please check the list behind the door to see if everything is done and in order.

### **LIVING ARRANGEMENTS**

- The girls stay in the main house and the boys stay in the annex.
- Sleeping areas are NOT socializing areas. The large living/dining area is a designated area for eating, socializing or group meetings. Please do not take food to the sleeping areas to avoid any infestations whatsoever.
- Pick up after yourself – it is your responsibility.
- Clean up kitchen, bathrooms and living room areas daily.
- Throw garbage away – sweep/mop/vacuum floors daily

### **WHAT YOU WILL NEED TO BRING**

- Sleeping bag (if you need one)
- Pillow (if you need one)
- Toiletries – toothpaste and toothbrush, soap, deodorant, shampoo, hair brush/comb, etc.
- (keep in a Ziploc bag)
- Towel, wash cloth and soap
- Undergarments and socks
- Hat with brim (baseball cap etc.)
- **Sunscreen/insect repellent** (very important in summer)
- Long sleeve cotton shirt for sun protection
- Sunday clothes (if needed)
- Shoes: both on and off jobsite
- Flip-Flops or shower shoes
- Set of old clothes for work projects such as painting/concrete work. (dress code applies)
- Journal or small notebook for personal reflection (optional)
- Work gloves/safety glasses

\_\_\_\_\_

By signing here, I agree to the listed expectations here, as the representative.

Date: \_\_\_\_\_