



## **Sacred Heart Southern Missions** **Mission Experience**

Welcome to Sacred Heart Southern Missions! The youth/young adults/adults will be working in the 5 northern counties of Mississippi. These include Desoto, Marshall, Tunica, Tate and Benton counties. Sacred Heart Southern Missions (SHSM) strives to offer a well rounded mission experience to all who participate that will consist of hard work, connecting with the people they are helping, opportunity to pray and celebrate Mass as a group, and time to take in the local culture and sights. We thank you for considering to spend your time and energy of your mission with us!

### **CODE OF BEHAVIOR**

- Anything of irreplaceable value should be left at home.
- You are responsible for your personal clothing, toiletries, and other items you may deem necessary. You are also responsible for your meals, drinks and snacks. Direction to nearest grocery store will be given during orientation. You also have access to a full kitchen during your stay with us.
- A schedule will be arranged for each day of the mission. Allowances will be made for changes in the schedule depending on weather conditions or situations that may arise. All are required to participate in the schedule set up for their assigned group.
- Respect and adherence to the decisions of the chaperone/volunteer coordinator are expected. If anyone has questions about decisions that are made, they are to be directed to the group leader if related to living arrangements (boys/young men in the annex bldg. and/or one wing of the volunteer house; girls in the main house and/or other wing of the volunteer house) or to the volunteer coordinator if related to projects. Be prepared to accept whatever final decision is made.
- Everyone is expected to follow the dress code set in place (see details on pg. 2).
- Your behavior at the worksite and other areas does not only reflect on your school/college/parish/organization but it also reflects on us here at SHSM. Please keep that in mind when working or socializing.
- NEVER leave your assigned group and go off alone. Stay with the group.

## DRESS CODE

You are required to wear shirts, shoes and appropriate clothing in all work areas:

- No crop tops that show the stomach. These include halter tops.
- Wear loose-fitting cotton tops/shirts. No Low-rise jeans!
- No shorts to be worn on any jobsite for safety. ***This rule applies to both genders.***
- Dresses/skirts/shorts should be of reasonable length (knee) and used **only** after working hours.
- Work boots or tennis shoes **only** allowed on worksites.
- Loose fitting jewelry and dangling earrings are discouraged on the jobsite.
- If working with electric tools or heavy equipment you must wear/have work gloves, work shoes and safety glasses. It is your responsibility to ask for gloves and safety glasses if you forgot to bring them yourself.

## HOUSEKEEPING

- Make beds each morning – keep sleeping areas neat at all times.
- Do not use the washer and dryer unless you are designated by the leader to be in charge of laundry.
- Do not use the computer without a designated adult present. We do have free wireless access.
- Become aware of your closest exit in the case of a fire or other emergency. If you are located upstairs, make sure you know where the fire ladders are located. There are 2.
- When hand soap container or dishwashing liquid container is empty please do not throw it out we have refills in the cabinet under the sink.
- The day you are leaving remove the sheet set on your bed and put it in the pillowcase so the set stays together when you are doing laundry. Put a clean set of sheets on in preparation for the next group. This will be in the room either in the closet or on a shelf.
- Empty vacuum canister and clean filter every time it is used.
- Run the dishwasher and empty it before you leave.
- Check if garbage disposal is free of objects like spoons, forks. Let water run, turn on disposal until everything is clean.

## LIVING ARRANGEMENTS

- The girls and boys will stay in separate areas of the homes throughout the entire stay.

- Sleeping areas are NOT socializing areas. The large living/dining area is a designated area for eating, socializing or group meetings. Please do not take food to the sleeping areas to avoid any infestations.
- Pick up after yourself – it is your responsibility.
- Clean up kitchen, bathrooms and living room areas daily.
- Throw garbage away – sweep/mop/vacuum floors daily.

**WHAT YOU WILL NEED TO BRING**

- Sleeping bag (if you need one)
- Pillow (if you need one)
- Toiletries – toothpaste and toothbrush, soap, deodorant, shampoo, hair brush/comb, etc. (Keep in a Ziploc bag)
- Towel, wash cloth and soap
- Undergarments and socks
- Hat with brim (baseball cap, etc.)
- **Sunscreen/insect repellent** (very important in summer)
- Long sleeve cotton shirt for sun protection
- Sunday clothes (if needed)
- Shoes: both on and off jobsite
- Flip-Flops or shower shoes
- Set of old clothes for work projects such as painting/concrete work. (dress code applies)
- Journal or small notebook for personal reflection (optional)
- Work gloves/safety glasses

By signing here, I agree to the listed expectations here, as the representative.

Signature:

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Date: \_\_\_\_\_